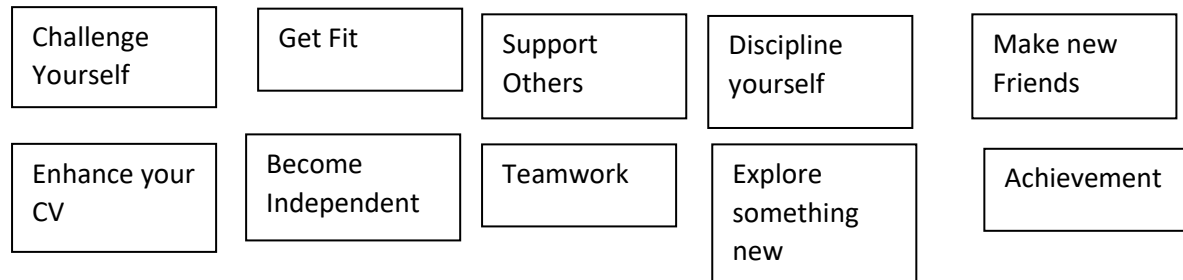


# The Duke of Edinburgh Award during the pandemic

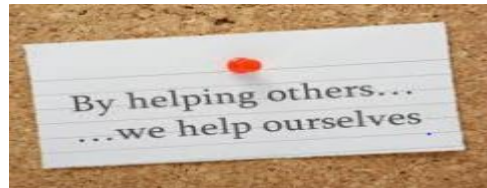


## Our Aim:

**The DofE award at Rowhill School helps pupils strengthen their minds and take on new challenges. It encourages teamwork and social interaction.**

**The award provides pupils with more opportunities for employment.**

## VOLUNTEERING



Students have given up their time to help others during this pandemic.

During these difficult times. Projects have been set up with students assisting with the everyday running of the school. Out of school, students have offered support at home and as part of the community where possible.

### **Projects have included:**

Tuck shop duty, leadership roles supporting younger students, supporting with running projects such as the 1-mile run, Horse Stable work, supporting neighbours in need.

In the past Rowhill DofE pupils did a fantastic job supporting staff and residents in a local care home but this. This I hope will continue at the appropriate time.

## PHYSICAL



Students have been required to keep active supporting their physical and mental health.

Some pupils have strengthened their fitness levels through club involvement in their spare time and training at home. The 1-mile run was set up to encourage students to exercise more. During lockdown challenges were set up for students.

In the past Cyclo Park has been a big part of the Physical section. I am hopeful this will continue at the appropriate time.

One child set himself the challenge and completed a 5km run during lockdown raising hundreds of pounds for the Mind Charity.



Students have developed practical, social skills and personal interests by developing a new skill or improving an existing skill.

There has been disruption due to lockdown but courses were completed in first aid and cooking. A conservation project will be set up on the school site in September 2021.



Students planned, trained and completed a challenging expedition.

Pupils have trained onsite to strengthen their social skills, team development and fitness to prepare them to take part in an overnight expedition independently with no staff support.

A practise and main overnight expedition were completed in May and June 2021. Modifications were made to support pupils and keep everyone safe during the pandemic.

Students as part of the main expedition not only navigated but also camped overnight on the school site. They carried all their own equipment to complete this challenge. Hopehill Scout campsite which Rowhill School regularly use was closed due to the pandemic.

For further information please contact:

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