

# The Duke of Edinburgh Award

**The DofE Award has returned to Rowhill school.**



- |                    |                    |                |                       |                  |
|--------------------|--------------------|----------------|-----------------------|------------------|
| Challenge Yourself | Get Fit            | Support Others | Discipline yourself   | Make new Friends |
| Enhance your CV    | Become Independent | Teamwork       | Explore something new | Achievement      |

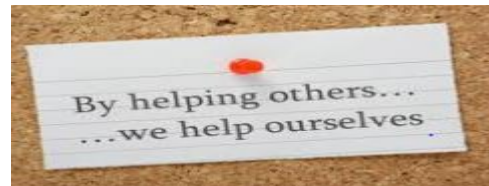
## **Our Aim:**

**The DofE award at Rowhill School helps pupils develop their thinking and problem solving and take on new challenges. It encourages teamwork and social interaction.**

**The award provides pupils with opportunities for further employment.**

## What do I need to do?

Give up at least 1 hour a week to help yourself and others.



Give up your time to help others, without getting paid.

Projects will include pupils helping assist with the everyday running of the school as well as supporting internally and externally through a voluntary setting.

In the past Rowhill DofE pupils did a fantastic job supporting staff and residents in a local care home,



Get active and take part in any sports activity to improve your fitness. Some pupils will strengthen their fitness levels through club involvement in their spare time. In the past Cyclo Park has been a big part of the Physical section.

One child has set himself the challenge of training for a 10km run and competing in a race. This follows on from a 5km run he completed during lockdown raising hundreds of pounds for the Mind Charity.

# SKILL



Develop practical, social skills and personal interests by developing a new skill or improving an existing skill.

This year we will have some pupils taking part in a first aid course, cooking, as well as additional opportunities made available such as construction.

# EXPEDITION



Planning, training and completing a challenging expedition.

Pupils will undergo a lot of training onsite to strengthen their social skills, team development and fitness to prepare pupils to take part in an overnight expedition independently with no staff support.

They will be required not only to navigate, camp overnight, but carry all their own equipment to complete this challenge.

## **DofE provides more opportunities when leaving school**

Having a DofE Award on your CV is a very quick way of telling potential employers that you are a committed and motivated person.

Employers highly respect the Award. It demonstrates a rounded, confident individual who can work independently and as part of a team.

Rowhill school is a Licenced Centre currently offering the Bronze Duke of Edinburgh award to pupils from year 9. We currently have 10 pupils signed up to do the Award.

For further information please contact

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