

NEW MENU COMMENCING 9/20

Menu 5
Week 1



Menu

Monday

Butcher's Sausages with
Yorkshire Pudding
Vegetable Parcel Gravy

Creamed Potatoes
Broccoli
Sweetcorn
~~Freshly Baked Bread~~
Mixed Salad

Marble Sponge & Custard
Yoghurt
Fresh Fruit ~~Pot~~

Tuesday

Beef Fajitas
Creamy Vegetable Pasta
Bake

Rainbow Rice
Vegetable Medley
~~Freshly Baked Bread~~
Mixed Salad

Jam Tart & Custard
Yoghurt
Fresh Fruit ~~Pot~~

Wednesday

Roast Turkey, Stuffing &
Gravy
Quorn Sausages

Roast Potatoes
~~Boiled Potatoes~~
Carrots
Cabbage
~~Freshly Baked Bread~~
Mixed Salad

Peaches with Ice Cream or
Frozen Mousse

Fresh Fruit ~~Pot~~

Thursday

Ham, Pepper & Sweetcorn
Pizza
Red Dragon Pie

Jacket Wedges
Baked Beans
Grated Carrot
~~Freshly Baked Bread~~
Mixed Salad

Crispy Square & Apple
Yoghurt
Fresh Fruit ~~Pot~~

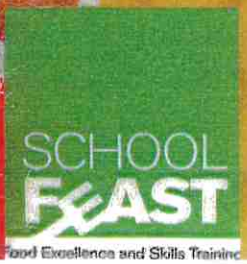
Friday

Cod Fish Fingers
Cheese & Tomato Quiche

Chips
Jacket Potato
Peas
Coleslaw
~~Freshly Baked Bread~~
Mixed Salad

Chocolate Sponge &
Chocolate Sauce
Fresh Fruit ~~Pot~~

Client Services
School Meals & School Cleaning
Tel: 01622 696050



Menu



Monday

Sweet & Sour Chicken & Rice
Macaroni Cheese

Green Beans
Carrots
Peas
~~Freshly Baked Bread~~
Mixed Salad

Pineapple Upside-down
Cake & Custard
Yoghurt
Fresh Fruit ~~Pot~~

Tuesday

Homemade Sausage Roll
Jacket Potato with
Cheese or Tuna

Jacket Wedges
Baked Beans
Broccoli
~~Freshly Baked Bread~~
Mixed Salad

Frozen Chocolate Mousse
Fresh Fruit ~~Pot~~

Wednesday

Roast Pork, Apple Sauce &
Gravy
Lentil & Carrot Roast

Roast Potatoes
~~Creamed Potatoes~~
Cabbage
Sweetcorn
~~Freshly Baked Bread~~
Mixed Salad

Fruit Jelly
Rice Pudding
Fresh Fruit ~~Pot~~

Thursday

Spaghetti Bolognese
Vegetarian Kebab with
Rice

Vegetable Sticks
~~Freshly Baked Bread~~
Mixed Salad

Apple Goodie & Custard
Yoghurt
Fresh Fruit ~~Pot~~

Friday

Crispy Fish Cakes
Sneaky Pie

Chips
Jacket Potato
Peas
Tomato Wedges
~~Freshly Baked Bread~~
Mixed Salad

Iced Bun
Yoghurt
Fresh Fruit ~~Pot~~

Menu 5
Week 3

Menu

Kent
County
Council

Monday

100% Beefburger with
~~Homemade Relish~~

Vegetable Curry & Rice

Croquette Potatoes

Coleslaw

Peas

~~Freshly Baked Bread~~

Mixed Salad

Chocolate Sponge &
Chocolate Sauce

Yoghurt

~~Fresh Fruit Pot~~

Tuesday

Salmon Footballs

Margarita Pizza

Jacket Wedges

Baked Beans

Sweetcorn

~~Freshly Baked Bread~~

Mixed Salad

Raspberry & Apple
Shortcake with Custard

Yoghurt

~~Fresh Fruit Pot~~

Wednesday

Roast Beef, Yorkshire
Pudding & Gravy

Vegetable Lasagne

Roast Potatoes

~~Parsley Potatoes~~

Broccoli

Carrots

~~Freshly Baked Bread~~

Mixed Salad

Apple Drizzle Cake

Yoghurt

~~Fresh Fruit Pot~~

Thursday

Chicken & Vegetable Pie
with Gravy

Baked Bean & Potato
Hash

New Potatoes

Cabbage

Country Vegetables

~~Freshly Baked Bread~~

Mixed Salad

Arctic Roll or Mousse

~~Fresh Fruit Pot~~

Friday

Wholemeal Breaded Fish
Portion

Tasty Potato Burger

Chips

~~Creamed Potatoes~~

Green Beans

Sweetcorn

~~Freshly Baked Bread~~

Mixed Salad

Fruit Flapjack & Custard

Yoghurt

~~Fresh Fruit Pot~~

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SCHOOL
FEAST

