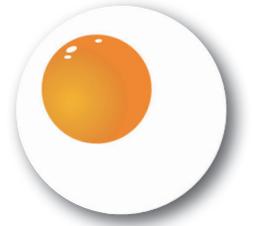


EGG LABELLING



BUYING EGGS: WHAT EXACTLY DO THE LABELS MEAN?

It can be very confusing when buying eggs

- Do you know the meaning of the different labels on egg boxes?
- What eggsactly are you buying?

ACTIVITY

Match the label with the correct description:

Organic eggs

The hens that produce these eggs are fed a vegetarian diet that is high in linseed and flax seed. The hens are kept in small battery cages.

Barn eggs

These chickens are kept in small cages (3-7 hens per cage). Thousands of cages are kept in artificially-lit sheds. The hens are fed a high protein diet containing antibiotics and hormones.

Omega 3 eggs

The hens are kept indoors, in large barns covered with straw. They are separated into pens. They have room to move around, scratch for food and stretch their wings.

Standard eggs

The hens that lay these eggs have daily access to an outdoor area with vegetation. They live in large barns but are never kept in cages and have freedom to wander and exercise indoors.

Free-range eggs

These come from hens that have outdoor access during the day and are able to run around in an area covered with natural vegetation. Their food must not contain pesticides, herbicides, fertilizers, antibiotics or hormones.

