

Menu 3 Week 1

EduKent
discover the advantage

Client
Services

Monday

Cheese, Ham & Pepper
Pizza

Margarita Pizza

Brown Rice & Bean Salad
Fresh Vegetable Medley
Red Coleslaw Salad

Eve's Pudding & Custard
Yoghurt
Fresh Fruit

Tuesday

Homemade Chicken &
Vegetable Pie

Cauliflower & Broccoli
Gratin

Creamed Potatoes
Garden Peas
Fresh Carrots

Carrot & Pineapple Muffin
Yoghurt
Fresh Fruit

Wednesday

Roast Pork Loin with App
Sauce & Gravy

Quorn Fillet

Roast Potatoes
Green Cabbage
Creamed Swede

Chocolate Mud Pie
Yoghurt
Fresh Fruit

Thursday

Beef Bolognese

Chilli Non Carne

Wholemeal Penne Pasta
Garden Peas
Sweetcorn

Mandarin Sponge Cake
Yoghurt
Fresh Fruit

Friday

Pork Sausages

Roasted Vegetable Tart

Chips
Baked Beans
Garden Peas

Gingerbread & Lemon
Sauce
Yoghurt
Fresh Fruit

Freshly Baked Bread, Filled Jacket Potatoes and Salad available daily.

Our menu meets the Government standards for school meals.

Food Allergies and Intolerances - Please speak to our staff about the ingredients in your meal.



Menu 1 January 15 standards

Menu 3 Week 2

Monday

Shepherd's Pie

Vegetarian Shepherd's
Pie

Roasted Root Vegetables
Broccoli Florets

Fruity Flapjack
Yoghurt
Fresh Fruit

Tuesday

Beef Burger in a Bun

Veggie Grill in a Bun

Pasta Salad
Carrot & Courgette Salad
Fresh Vegetable Medley

Pear & Cocoa Sponge with
Chocolate Sauce
Yoghurt

Wednesday

Lemon Roast Chicken &
Gravy

Mixed Bean Casserole

Roast Potatoes
Green Cabbage
Cauliflower

Fruit Jelly & Ice Cream
Yoghurt
Fresh Fruit

Thursday

Moroccan Lamb

Quorn & Broccoli Stir Fry

Long Grain Rice
Carrot Batons
Green Beans

Apple Pie & Custard
Yoghurt
Fresh Fruit

Friday

Cod Fish Fingers &
Tomato Ketchup

Cheese & Tomato Quiche

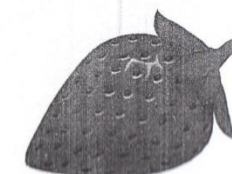
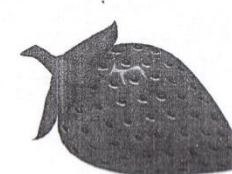
Chips
Baked Beans
Ratatouille

Lemon Curd Cheesecake
Yoghurt
Fresh Fruit

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Menu 3 Week 3

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Client
Services

Monday

Salmon & Broccoli Pasta

Baked Bean Lasagne

Fruity Coleslaw
Tomato & Cucumber
Salsa

Chocolate Coconut Tart &
Custard
Yoghurt
Fresh Fruit

Tuesday

Lamb Moussaka

Chickpea & Vegetable
Curry

Rainbow Rice
Green Beans
Broccoli Florets

Banana Bun

Yoghurt
Fresh Fruit

Wednesday

Roast Beef & Yorkshire Pudding
with Gravy

Mushroom & Lentil Bake

Roast Potatoes
Cauliflower
Garden Peas

Peach Slices with
Butterscotch Whip
Yoghurt
Fresh Fruit

Thursday

Sausage Casserole

Quorn Sausages with
Gravy

Creamed Potatoes
Green Cabbage
Carrots

Apricot Crumble &
Custard
Yoghurt
Fresh Fruit

Friday

Wholemeal Breadcrd Fish
Portion & Tomato Ketchup

Homemade Bean Burger

Chips
Baked Beans
Sweetcorn

Banana & Raisin Flapjack

Yoghurt
Fresh Fruit

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Menu 1 January 15 standards