

Subject: PSHE	Rights and Respect	
Class: year 8	Teacher:	Term:3
Key Vocabulary:	Alternative Learning Environments Playground, Forest School, Local Environment	Zones of Regulation Coran Education Resources: SCARF resources

Week	Session 1		
1	<p>Online behaviours</p> <p>Learning Outcomes</p> <p>Students will be able to:</p> <ul style="list-style-type: none">• Identify the range of ways in which people behave online and whether that varies between social platforms• Identify the types of positive and negative interactions someone may experience online• Reflect on how both the online and offline world are connected		
2	<p>Body image in a digital world</p> <p>Learning Outcomes</p> <p>Students will be able to:</p> <ul style="list-style-type: none">• Recognise the impact of social media on body image• Know who to ask for advice and where to look for guidance on body image and online stress, including on the Every Mind Matters website		

	<ul style="list-style-type: none">• Use techniques for minimising stress that may arise from a negative perception of our body image influenced by social media	
3	<p>Bullying and cyberbullying</p> <p>Learning Outcomes</p> <p>Students will be able to:</p> <ul style="list-style-type: none">• Describe the meaning of bullying and cyberbullying and the impact it can have on an individual• Explore challenging scenarios and their appropriate responses• Explain where to seek support and advice on bullying and cyberbullying	
4	<p>Online stress and fear of missing out (FOMO)</p> <p>Learning Outcomes</p> <p>Students will be able to:</p> <ul style="list-style-type: none">• Recognise the difference between online and real friends and understand that social media sometimes does not reflect real-life;• Know from whom and where to get help and advice about online stress;• Identify helpful strategies to manage online stress.	

5	<p>Getting personal: a tailored advertising experience</p> <p>Learning Outcomes</p> <p>Students will be able to:</p> <ul style="list-style-type: none"> • Identify and describe the different types of advertising used by companies in social media environments • Understand why they see advertising on social media sites • Distinguish advertising from editorial content • Understand how their personal data and personal profile is used 	
6	<p>The science of blood donation</p> <p>Learning Outcomes</p> <p>Students will be able to:</p> <ul style="list-style-type: none"> • Name some different blood groups and know that recipients can only receive blood from donors with compatible groups • Explain why NHSBT needs a constant supply of donors and an increase in donors from some groups • Share ideas in their own words about the challenge of meeting the UK's need for blood donations 	
7		