

PSHE SECONDARY CURRICULUM MAP

FURTHER STUDY

• College, Sixth form, support centres

CAREER PATHS

• Apprenticeships

SKILLS

• Social/ Life (Self care)

Personal

• Health both physical and mental. Hygiene.

Coursework
□ Life skill Activities

Coursework
□ Life skill Activities

Coursework

REVISION & EXAMS

□ KYCC Elections
□ Anti-bullying week
□ Salus Survey

TALENTINO!

**Learning Skills L1, 2, 3
Choices & Pathways
L4, 5, 6**

□ AQA Unit 7 Careers
□ AQA Unit 8 College application/ CV etc

YEAR 11

**Learning Skills L1, 2, 3
Choices & Pathways
L4, 5, 6**

□ AQA Unit 1 Personal Action Planning
□ AQA Unit 7 Careers

**Bullying, Abuse & Discrimination R37 (KS3)
R28, 29, 30, 31, 32, 33, 34 (KS4)
Social Influences R35, 36, 37, 38
Healthy Lifestyles H22 (KS3)
Media Literacy & Digital Resilience L22, 23, 24, 25, 26, 27, 28 & 29**

**Relationship Values R11, 12 (KS3)
R5, 10 (KS4)
Forming & Maintaining Respectful Relationships R11, 12, 13, 14, 15, 16, 17
Consent R25, 26, 27, 28, 29, 30, 31 (KS3)
R18, 19, 20, 21, 22 (KS4) – DELIVERED OVER 2 TERMS**
□ AQA Unit 3

**Puberty & Sexual Health R35, 36 (KS3)
Sexual Health & Fertility H26, 27, 28, 29, 30, 31, 32, 33
Positive Relationships R1, 2, 3, 4, 5, 6, 7, 8
Contraception & Parent Hood KS3 & KS4 – ALL – DELIVERED OVER 2 TERMS**
□ AQA Unit 3

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Know what is needed for a healthy body.

Keeping safe

Exploring attitudes
Drugs and the law
Managing risks and influences
Gambling – how can we manage risks?
Serious and organised crime
Forced marriage

Rights and respect

Fake news, fake people
Banish body talk
Managing challenging content
Sending nudes
Principles of healthy sexual experiences
Sexual harassment

Being my best

The worry tree
Loss and bereavement
What is self-care?
Gender stereotypes belonging

Growing and changing

Can you get pregnant?
Getting pregnant
Condoms
Sexually transmitted infections
Sexual health
First Aid champions – Part 4

YEAR 10

**Drugs, Alcohol & Tobacco H23, 24, 25, 26, 27, 28, 29 (KS3)
H19, 20, 21 (KS4)
Managing Risks & Personal Safety H22, 23, 24, 25 – delivered over 2 terms**
□ Black History Month
□ KYCC Elections
□ Anti-bullying week
□ Salus Survey

**Drugs, Alcohol & Tobacco H23, 24, 25, 26, 27, 28, 29 (KS3)
H19, 20, 21 (KS4)
Managing Risks & Personal Safety H22, 23, 24, 25 – delivered over 2 terms**
□ Black History Month
□ KYCC Elections
□ Anti-bullying week
□ Salus Survey

Valuing difference

Three sides to every story
Us vs Them
Sexual diversity
Race and white privilege
Actions and consequences
A fair and equal opportunity to enjoy good health

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Coursework diversity in society is

Me and my relationships

Listening, understanding and communicating love etc
Romantic and loving relationships
If I were a parent
Myths and realities-domestic violence
Partner control, coercion and violence

Growing and changing

Making my choices: waiting for sex
Choices about contraception
About sexually transmitted infections (STIs) and blood borne viruses (BBVs)
Porn: what you should know
First Aid champions – part 2
First Aid champions – Part 3

Being my best

Physical and mental wellbeing
Can being healthy be fun?
Green spaces
Feeling emotional
Looking after myself and others
What to do when you like someone

Rights and respect

Online behaviours
Body image in a digital world
Bullying and cyberbullying
Online stress and fear of missing out (FOMO)
Getting personal; a tailored advertising experience
The science of blood donation

Keeping safe

Making disclosures
It's not ok – Mikey's story
Preventing assumptions related to consent
It's not ok – Lee-Ann's story
Healthy relationships online
Alcohol and risk
Age of consent



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Rights and respect

How do you make a relationship work?
Living together, marriage and Civil Partnerships
Speed friending
Unwritten rules and managing conflict
Grooming and sexual exploitation
Somethings not right

Being my best

Magic Sleep
Dealing with change
Going to get through this
Unhelpful thoughts
Building connections

Growing and changing

How my body changes as I grow
Changes
Masturbation
Menstruation
Dental hygiene and flossing
First aid champions – Part 1

Me and my relationships

Qualities of a partner and talking about relationships
Relationships on screen
What consent means in a relationship
Introduction to domestic violence and abuse
The idea of sexual rights (including FGM)
What's ok and not ok?

Valuing difference

Freedom fighters (gender)
More about gender
Disability and relationships
Discrimination, today and yesterday
Walls
Fact vs Fiction



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Keeping safe

Social media
Why is there advertising on social media?
Introducing and recognising consent
Deciding what to watch
Understanding drugs
Tobacco – risks and influences

Valuing difference

Self-esteem 1 & 2
Body image and advertising
Stereotypes and equality
LGB equality
Protect and respect

Me and my relationships

Friendship
Commitment – what does it mean?
Coercive friendships
Cyberbullying – Gone too far
Back me up – bullying and bystanders
Netiquette – keeping safe online

YEAR 7

Building positive relationships



Core Theme

Health and Wellbeing
Drugs, Alcohol & Tobacco

Core Theme

Relationships (RSE)
Diversity, Prejudice & Discrimination

Core Theme

Living in the wider world
Health & Safety
Finance & Citizenship

Core Theme

Careers - Talentino
Action Planning