

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b>	Sasages with red onion gravy	Chicken Neapolitan with whole meal pasta	Roast pork with apple sauce	Shepherds pie	Battered/breaded cod goujons
	Veggie sausages with red onion gravy	Quorn & five bean casserole with brown rice	Vegetable tagine with cous cous	Macaroni cheese with crispy topping	Mediterranean quiche
	Mash potatoes		Roast potatoes	Herby bread slice	Chips
	Carrots	Roasted mixed vegetables	Creamed butternut & swede	Cabbage	Baked beans
	Peas		Broccoli	Baton Carrots	Peas
	Lemon & mixed berry cake	Apple & peach crumble with custard	Strawberry mousse with fruit salad	Jam tart with custard	Ice cream (frozen yogurt for serveries)

<b>Week 2</b>	Chicken pizza	Sausage & apple herb plait	Roast beef with yorkshire pudding	Chicken & butternut curry with rice	Fish fingers in a sub roll
	Margherita pizza	Falafel with tomato sauce	Quorn fillet with yorkshire pudding	Wholemeal pasta vegetable milanaise	Caribbean spiced pasta
	½ jacket potato	Creamed potatoes	Roast potatoes		Diced herb potatoes
	Funky salad	Baked beans	Cauliflower	Sweetcorn	Coleslaw
	Sweetcorn	Peas	Cabbage	Green beans	Peas
	Peaches & pears with chocolate sauce	Chilli chocolate, beetroot brownie	Frozen yogurt	Sultana cake with custard	Jam & coconut sponge

<b>Week 3</b>	Pork meatballs in BBQ sauce	Chicken & sweetcorn pie	Roast turkey with sage & onion stuffing	Beef bolognaise with pasta twist	Breaded salmon/Breaded white fillet fish
	Lentil & sweet potato curry	Sweet & sour vegetables with wholegrain noodles	Vegetable crumble	Vegetable wellington with white onion sauce	Southern style quorn burger
	Rice	New potatoes	Roast potatoes	½ Jacket potato	Chips
	Broccoli	Cabbage	Baked Butternut	Root vegetable mash	Baked beans
	Sweetcorn	Carrots	Broccoli	Green beans	Peas and sweetcorn
	Fruit jam doffins	Fruit jelly	Chocolate Krispies	Pear & cocoa sponge with custard	Biscuits with milk

Freshly baked bread, filled jacket potatoes, salad, fresh fruit and yogurts are available daily