



# Dartford Family Hubs Timetable

22nd April 2025 - 23rd May 2025

## Our Family Hubs:

**Dartford**  
03000 411049

Oakfield Lane,  
Dartford  
DA1 2SW

**Swanscombe**  
03000 415600

Coopers Road,  
Swanscombe  
DA10 0BS  
(Pedestrian access  
only)

**Knockhall**  
03000 419900

Abbey Road  
Greenhithe  
DA9 9HD

All of our groups  
and services are  
free to attend.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Morning

**Knockhall**  
Drop-in Clinic &  
Breastfeeding  
Support  
9.30-11.30am

**Dartford**  
Talking Walk-ins  
9.30-11.30am

**Dartford**  
Baby, Family  
and You  
10.00-12.00pm

**Knockhall**  
Stay & Play  
9.30-11.00am

**Dartford**  
Communication  
Tree  
9.30-10.30am

**Dartford**  
Communication  
Tree  
11.00-12.00pm

**Dartford**  
Active Tots  
9.30-10.30am  
11.00-12.00pm

**Swanscombe**  
Baby Massage  
10.00-11.00am

**Swanscombe**  
Stay & Play  
9.30-11.00am

**Dartford**  
Baby Massage  
10.00-11.00am

## Afternoon

**Swanscombe**  
Resilience  
Information,  
Advice & Guidance  
4.00-6.00pm

**Swanscombe**  
Drop-in Clinic  
1.00-3.00pm  
Breastfeeding  
Support  
1.00-2.45pm

**Dartford**  
Pathway Play  
1.30-2.30pm

**Knockhall**  
Communication  
Tree  
1.30-2.30pm

**Swanscombe**  
Little Talkers  
1.30-2.30pm

**Dartford**  
Baby Group  
1.30-3.00pm

**Swanscombe**  
Healing  
Together  
4.00-5.00pm

**Dartford**  
Stay & Play  
1.00-2.30pm

**Swanscombe**  
Baby Group  
1.00-2.30pm

**Swanscombe**  
Book Start  
1.30-2.30pm

**Please Note:** Signing in will not be available until 10 minutes before the session starts.

[www.kent.gov.uk/familyhub](http://www.kent.gov.uk/familyhub)

Family Hub Sites are run by Kent County Council

# Information



0 - 5  
Years  
Old

## Stay & Play

This includes a variety of activities to support your child's learning and development with Bookstart. Messy activities will also be available for children to explore, we advise wearing old clothing.

## Baby Group

For parents with babies who are not yet walking. This includes a variety of activities to support your babies learning and development as they reach key milestones such as rolling, sitting and crawling.

## Active Tots

From crawling until their second birthday. This session is to support your child's physical development in a fun and stimulating environment. We advise comfortable clothing is worn and all footwear will need to be removed for this session.

## Book Start

Come along to our weekly Book Start session. We will be introducing different ways for you and your child to enjoy books together, exploring the benefits of reading for your child's development. Each child will receive a Book Start pack.

Requires  
Booking

## Baby Massage

### 4 week programme

Learn how to massage your baby and more about their development. Please contact Dartford Family Hub for booking information.

Requires  
Booking

## Communication Tree

### 4 Weekly sessions

This is aimed at families with 2-4 year olds with a social and communication delay.

Requires  
Booking

## Healing Together

The Healing Together programme provides nurturing support for young people 8+ who are impacted by Domestic Abuse. The programme helps young people connect and learn how to keep their bodies and brains safe.

## Talking Walk-ins

For families to bring their children to see a speech and language therapist without needing to complete a referral. This is a drop in session however there is a limited capacity each week.

Requires  
Booking

## Pathway Play

### 6 Weekly sessions

Pathway Play offers an opportunity for children aged 2-5 year olds who are awaiting assessment to learn and develop in a safe environment that will be adapted to their needs, this group will have reduced numbers to create a quieter space for the children.

Requires  
Booking

## Baby, Family and You

### 8 Sessions

New (0-12 months old) and expectant parents (due within 3 months of course). This is a combination of five group sessions and three individual consultations. You will be introduced to a range of strategies to help create a positive foundation for your baby.

Requires  
Booking

## Compass

### 6 Weekly sessions

This is a well being programme for young people, based on Dialectical Behaviour Therapy (DBT) skills. For young people 11-18 years (25 SEND). Accepting referrals for next term.

Requires  
Booking

## Little Talkers

### 4 Weekly sessions

These sessions aim to support parents support their child and confidently use responsive interaction strategies where the child may have difficulty understanding, using language, weak attention skills or where their speech is unclear. 2+ years.

## Resilience, Information, Advice & Guidance

This drop-in session offers guidance and information over a range of topics. Qualified sport coaches from Sports on your Doorstep attend these sessions, helping to improve fitness, build confidence and make friends. 11-19 years.

## Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door.



## Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:



## Useful Contact Numbers:

**Health Visitor**  
0300 123 2075

**Midwife**  
01322 428753

## Please Note:

For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local hub a call or email

[Dartfordfh@kent.gov.uk](mailto:Dartfordfh@kent.gov.uk)

@DartfordFamilyHubs



@Dartfordfamilyhubs\_



@Dartfordfamilyhubs11to19



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