



Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Online Parent Workshops

Aimed at parents of children in primary school
and year 7

Summer Holiday Workshops

Understanding Anxiety	25th July	10.30am-12.30pm
Starting Secondary School	26th July	5.30-7.30pm
Starting Primary School	1st August	12-2pm
Introduction to Understanding Autism	2nd August	5.30-7.30pm
Understanding Resilience	8th August	5.30-7.30pm
Understanding Your Child's Behaviour	9th August	10am-12pm
Starting Secondary School	16th August	10am-12pm
Starting Primary School	22nd August	11am-1pm
Understanding ADHD in Children	30th August	10.30am-12.30pm

Our online workshops offer information around key topics to help understand what is going on for your child and strategies to support them, based on the latest evidence and practice.

If you would like to join, please raise your interest with your child's school so that they can send you the link. If you have any questions please speak to your child's school.

Our workshops are held on Microsoft Teams. You do not need an account to join. You will need access to the internet. Currently, this workshop is only available to parents/carers of children attending a EWT/EST school. Please speak to your child's school or check our website for our list of schools.

We look forward to meeting you.

