NELFT NHS
NHS Foundation Trust

Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Online Parent Workshops

Aimed at parents of children in primary school and year 7

Understanding ADHD in Children

6-7.30pm Wednesday 19th October

Do you have **questions about ADHD?** Maybe your child has received a **diagnosis.** Would you like to come and **meet with other parents and carers** and learn about ways to **support your child?**

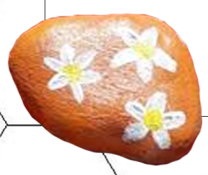
You are invited to a **workshop about understanding symptoms of ADHD.** We also discuss **helpful strategies that you can use at home** to help support your child.

If you would like to join, please **ctrl + click the link below:**

Click here to join the meeting

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school.

We look forward to meeting you.





www.nelft.nhs.uk