Medium Term Planning Sheet: Secondary Class: V2 Teacher: Sarah Griffey



S	Subject: F	PSHCE		Drugs, Alcohol & Tobaco H23, 24, 25, 26, 27, 28, Managing Risks & Perso	29 (KS3) H19, 20, 21 (KS4) onal Safety H22, 23, 24, 25 ered throughout Term 2 as and when external org Veek	, ,	Term: 2 & 3
			bstances, alcohol, dru		Alternative Learning Environments/ F	Resources:	
			abuse, misuse, conse		Talk to Frank NHS website		
ρ	05565510	n, supply, s	support, advice, classi	neu.			
	Pupil	Year	Pupil Asset Stage at s	tart of term (Term 6	Pupil Asset Stage end of year target		
		group	data 2021)				
	SE	9	2D	EV			
	JO	9	3BI	EG			
	CR	10	2D	EV			
	BS	10	3E/	WB			
	LS	11	2DE	:V+			
	OV	10	3B	EG			
	KΤ	9	3BI	EG			
	JW	9	3BI	EG			
	RW	10	3E/	NB			

uture Learning: See pupil ass	0		SE	JO	CR	BS	LS	OV	KT	JW	RW
evel 2 Re	ecognise safe	e or unsafe substances (alcohol/ drugs)									
		difference between legal and illegal drugs									
		he different reasons why people use drugs									
		egalities of drugs, tobacco and alcohol									
		d administer first aid									
		regarding weapons and classes of drugs									
		bstance abuse, its terms and misuse									
		t drink/ drug driving laws and their consequences									
		the penalties associated with possession and supply								-	-
		o go for help and support locally and nationally									
ntry Level 3 - coursework					1						
1. Know about problems associated with al	cohol abuse	 1.1 Arrange common alcoholic drinks in order of alcoholic value 1.2 Indicate the current government advice for men and women on safe alcohol consumption 1.3 Identify three problems associated with alcohol abuse 1.4 State briefly the law relating to the purchase and use of alcohol 									
2. Know about problems associated with smoking		2.1 Name three harmful chemicals in tobacco2.2 Explain why people smoke2.3 Identify the main health risks associated with tobacco2.4 State briefly the law relating to the purchase and use of tobacco									
3. Know about problems associated with illegal drugs		 3.1 Classify five given drugs into Class A, B or C 3.2 Identify three health risks associated with the use of illegal drugs 3.3 State briefly the law relating to the purchase and use of illegal drugs 									
evel 1 - coursework											
1. Understand information relating to recommended alcohol intake limits		 1.1 Indicate what is meant by 'percentage by volume' of an alcoholid drink 1.2 Describe, using examples, the link between percentage by volume and units of alcohol 1.3 Describe current government guidance for men and women on the recommended limits of alcohol consumption 									
2. Understand problems associated with alcohol abuse		2.1 Identify two specific health risks associated with alcohol abuse2.2 Describe two social problems associated with alcohol abuse									
3. Understand problems associated with tobacco use		3.1 Name three main harmful substances in tobacco and describe the effect of each on the human body3.2 Outline three social issues associated with tobacco use, including passive smoking									
4. Know the dangers of the misuse of legal drugs		 4.1 Identify two dangers of the misuse of legal drugs e.g. valium, steroids 5.1 Classify five illegal drugs into Classes A, B and C 									
5. Know about the classification system for illegal drugs and how different drugs are classified		, , , , ,									
6. Know health risks associated with the us drugs	e of illegal	6.1 Identify three health risks associated with the use of illegal drugs									
 Know how the law is applied in respect o possession and supply of illegal drugs 	f the	7.1 Describe the possible penalties associated with the possession and supply of illegal drugs from each class (A, B and C)									

Unit Expectations:

All: To complete coursework at either entry level 3 or level 1 (entry level 2 is also an option if needed). To know about the problems associated with alcohol, tobacco and drugs. Some: Identify specific health risks of a particular drug. A Few: To classify illegal drugs into classes and understand the penalties.

Links with other subjects: Science/ Emotional Wellbeing sessions/ PE

Pupil Asset Milestones to be achieved:

See future learning colour coded grid – to be monitored every session.

WK	Content (Implementation) Activities	Learning Objectives (Impact)	Evaluation/EBI
Term 2 1 01/11//2021	EL3 1.1 Arrange common alcoholic drinks in order of alcoholic value EL3 1.2 Indicate the current government advice for men and women on safe alcohol consumption- need to include binge drinking.	Know about problems associated with alcohol abuse	
Term 2 2 08/11//2021	EL3 1.3 Identify three problems associated with alcohol abuse L1 2.1 Identify two specific health risks associated with alcohol abuse L1 2.2 Describe two social problems associated with alcohol abuse	Know about problems associated with alcohol abuse Understand problems associated with alcohol abuse	
Term 2 3 15/11//2021	 EL3 1.4 State briefly the law relating to the purchase and use of alcohol L1 1.1 Indicate what is meant by "percentage by volume" of an alcoholic drink L1 1.2 Describe, using examples, the link between percentage by volume and units of alcohol L1 1.3 Describe current government guidance for men and women on recommended limits of alcohol consumption 	Know about problems associated with alcohol abuse Understand information relating to recommended alcohol intake limits	
Term 2 4 22/11/2021	EL3 2.2 Explain why people smoke EL3 2.3 Identify the main health risks associated with tobacco	Know about problems associated with smoking	

	EL3 2.4 State briefly the law relating to the purchase and use of tobacco		
Term 2 5 29/11/2021	L1 3.1 Name three main harmful substances in tobacco and describe the effect of each on the human body L1 3.2 Outline three social issues associated with tobacco use, including passive smoking	Understand problems associated with tobacco use	
Term 2 6 06/12/2021	 EL3 3.1 Classify five given drugs into Class A, B or C L1 4.1 Identify two dangers of the misuse of legal drugs, e.g. valium, steroids L1 5.1 Classify five illegal drugs into classes A, B and C 	Know about problems associated with illegal drugs Know the dangers of the misuse of legal drugs Know about the classification system for illegal drugs and how different drugs are classified Activity 1	
Term 2 7 13/12/2021	EL3 3.2 Identify three health risks associated with the use of illegal drugs L1 6.1Identify three health risks associated with the use of illegal drugs	Know about problems associated with illegal drugs Know health risks associated with the use of illegal drugs	
Term 3 1 04/01/2022	3.3 State briefly the law relating to the purchase and use of illegal drugs L1 7.1 Describe the possible penalties associated with the possession and supply of illegal drugs from each class (A, B and C)	 Know about problems associated with illegal drugs Know how the law is applied in respect of the possession and supply of illegal drugs By end of this unit: KS3 - H23. the positive and negative uses of drugs in society including the safe use of prescribed and over the counter medicines; responsible use of antibiotics KS3 - H24. to evaluate myths, misconceptions, social norms and cultural values relating to drug, alcohol and tobacco use H19. the consequences of substance use and misuse for the mental and physical health and wellbeing of individuals and their families, and the wider consequences for communities H20. wider risks of illegal substance use for individuals, including for personal safety, career, relationships and future lifestyle 	

		 KS3 - H25. strategies to manage a range of influences on drug, alcohol and tobacco use, including peers KS3 - H26. information about alcohol, nicotine and other legal and illegal substances, including the short-term and long-term health risks associated with their use KS3 - H27. the personal and social risks and consequences of substance use and misuse including occasional use KS3 - H28. the law relating to the supply, use and misuse of legal and illegal substances KS3 - H29. about the concepts of dependence and addiction including awareness of help to overcome addictions H21. to identify, manage and seek help for unhealthy behaviours, habits and addictions including smoking cessation 	
Term 3 2 10/01/2022	Personal Safety	 KS3 - H30. how to identify risk and manage personal safety in increasingly independent situations, including online H22. ways to identify risk and manage personal safety in new social settings, workplaces, and environments, including online. KS3 - H31. ways of assessing and reducing risk in relation to health, wellbeing and personal safety H23. strategies for identifying risky and emergency situations, including online; ways to manage these and get appropriate help, including where there may be legal consequences (e.g. drugs and alcohol, violent crime and gangs) 	
Term 3 3 17/01/2022	Gambling	KS3 - H32. the risks associated with gambling and recognise that chance-based transactions can carry similar risks; strategies for managing peer and other influences relating to gambling H25. to understand and build resilience to thinking errors associated with gambling (e.g. 'gambler's fallacy') the range of gambling-related harms, and how to access support for themselves or others	
Term 3 4 24/01/2022	CPR	KS3 - H33. how to get help in an emergency and perform basic first aid, including cardio-pulmonary resuscitation (CPR) and the use of defibrillators H24. to increase confidence in performing emergency first aid and life-saving skills, including cardio-pulmonary resuscitation (CPR) and the use of defibrillators	
Term 3 5 31/01/2022	 UK Parliament Week KYCC Elections Anti-bullying week Salus Survey 	Catch up lessons - To be completed throughout term 2, so planning will need to be adapted	

Term 3 6 07/02/2022	 UK Parliament Week KYCC Elections Anti-bullying week Salus Survey 	Catch up lessons - To be completed throughout term 2, so planning will need to be adapted	
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