

Medium Term Planning Sheet: Secondary
Class: V1 Teacher: Sarah Griffey



<p>Subject: PSHCE</p>	<p>Intent: PROGRAMME OF STUDY FOR PSHE EDUCATION (KEY STAGES 1-5) Drugs, Alcohol & Tobacco H23, 24, 25, 26, 27, 28, 29 (KS3) H19, 20, 21 (KS4) Managing Risks & Personal Safety H22, 23, 24, 25</p> <p>The following will be covered throughout Term 2 as and when external organisations get involved – dates TBC</p> <ul style="list-style-type: none"> <input type="checkbox"/> UK Parliament Week <input type="checkbox"/> KYCC Elections <input type="checkbox"/> Anti-bullying week <input type="checkbox"/> Salus Survey <p>TH – To receive 1:1 career’s support for post 16 placement – follow year 11 programme as when appropriate.</p>	<p>Term: 2 & 3</p>
<p>Key Vocabulary: Substances, alcohol, drugs, tobacco, safe, unsafe, legal, illegal, abuse, misuse, consequences, penalties, possession, supply, support, advice, classified.</p>	<p>Alternative Learning Environments/ Resources: Talk to Frank NHS website</p>	
Empty space for additional notes or resources		

Unit Expectations:

All: To complete coursework at either entry level 3 or level 1 (entry level 2 is also an option if needed). To know about the problems associated with alcohol, tobacco and drugs.

Some: Identify specific health risks of a particular drug.

A Few: To classify illegal drugs into classes and understand the penalties.

Links with other subjects: Science/ Emotional Wellbeing sessions/ PE

Pupil Asset Milestones to be achieved:

See future learning colour coded grid – to be monitored every session.

TH – to also complete careers advice (within lesson or at an alternative time).

WK	Content (Implementation) Activities	Learning Objectives (Impact)	Evaluation/EBI
Term 2 1 01/11//2021	EL3 1.1 Arrange common alcoholic drinks in order of alcoholic value EL3 1.2 Indicate the current government advice for men and women on safe alcohol consumption- need to include binge drinking.	Know about problems associated with alcohol abuse	
Term 2 2 08/11//2021	EL3 1.3 Identify three problems associated with alcohol abuse L1 2.1 Identify two specific health risks associated with alcohol abuse L1 2.2 Describe two social problems associated with alcohol abuse	Know about problems associated with alcohol abuse Understand problems associated with alcohol abuse	
Term 2 3 15/11//2021	EL3 1.4 State briefly the law relating to the purchase and use of alcohol L1 1.1 Indicate what is meant by “percentage by volume” of an alcoholic drink L1 1.2 Describe, using examples, the link between percentage by volume and units of alcohol L1 1.3 Describe current government guidance for men and women on recommended limits of alcohol consumption	Know about problems associated with alcohol abuse Understand information relating to recommended alcohol intake limits	

Term 2 4 22/11/2021	EL3 2.2 Explain why people smoke EL3 2.3 Identify the main health risks associated with tobacco EL3 2.4 State briefly the law relating to the purchase and use of tobacco	Know about problems associated with smoking	
Term 2 5 29/11/2021	L1 3.1 Name three main harmful substances in tobacco and describe the effect of each on the human body L1 3.2 Outline three social issues associated with tobacco use, including passive smoking	Understand problems associated with tobacco use	
Term 2 6 06/12/2021	EL3 3.1 Classify five given drugs into Class A, B or C L1 4.1 Identify two dangers of the misuse of legal drugs, e.g. valium, steroids L1 5.1 Classify five illegal drugs into classes A, B and C	Know about problems associated with illegal drugs Know the dangers of the misuse of legal drugs Know about the classification system for illegal drugs and how different drugs are classified Activity 1	
Term 2 7 13/12/2021	EL3 3.2 Identify three health risks associated with the use of illegal drugs L1 6.1 Identify three health risks associated with the use of illegal drugs	Know about problems associated with illegal drugs Know health risks associated with the use of illegal drugs	
Term 3 1 04/01/2022	3.3 State briefly the law relating to the purchase and use of illegal drugs L1 7.1 Describe the possible penalties associated with the possession and supply of illegal drugs from each class (A, B and C)	Know about problems associated with illegal drugs Know how the law is applied in respect of the possession and supply of illegal drugs By end of this unit: KS3 - H23. the positive and negative uses of drugs in society including the safe use of prescribed and over the counter medicines; responsible use of antibiotics KS3 - H24. to evaluate myths, misconceptions, social norms and cultural values relating to drug, alcohol and tobacco use H19. the consequences of substance use and misuse for the mental and physical health and wellbeing of individuals and their families, and the wider consequences for communities	

		<p>H20. wider risks of illegal substance use for individuals, including for personal safety, career, relationships and future lifestyle</p> <p>KS3 - H25. strategies to manage a range of influences on drug, alcohol and tobacco use, including peers</p> <p>KS3 - H26. information about alcohol, nicotine and other legal and illegal substances, including the short-term and long-term health risks associated with their use</p> <p>KS3 - H27. the personal and social risks and consequences of substance use and misuse including occasional use</p> <p>KS3 - H28. the law relating to the supply, use and misuse of legal and illegal substances</p> <p>KS3 - H29. about the concepts of dependence and addiction including awareness of help to overcome addictions</p> <p>H21. to identify, manage and seek help for unhealthy behaviours, habits and addictions including smoking cessation</p>	
Term 3 2 10/01/2022	Personal Safety	<p>KS3 - H30. how to identify risk and manage personal safety in increasingly independent situations, including online</p> <p>H22. ways to identify risk and manage personal safety in new social settings, workplaces, and environments, including online.</p> <p>KS3 - H31. ways of assessing and reducing risk in relation to health, wellbeing and personal safety</p> <p>H23. strategies for identifying risky and emergency situations, including online; ways to manage these and get appropriate help, including where there may be legal consequences (e.g. drugs and alcohol, violent crime and gangs)</p>	
Term 3 3 17/01/2022	Gambling	<p>KS3 - H32. the risks associated with gambling and recognise that chance-based transactions can carry similar risks; strategies for managing peer and other influences relating to gambling</p> <p>H25. to understand and build resilience to thinking errors associated with gambling (e.g. 'gambler's fallacy') the range of gambling-related harms, and how to access support for themselves or others</p>	
Term 3 4 24/01/2022	CPR	<p>KS3 - H33. how to get help in an emergency and perform basic first aid, including cardio-pulmonary resuscitation (CPR) and the use of defibrillators</p> <p>H24. to increase confidence in performing emergency first aid and life-saving skills, including cardio-pulmonary resuscitation (CPR) and the use of defibrillators</p>	
Term 3 5 31/01/2022	<input type="checkbox"/> UK Parliament Week <input type="checkbox"/> KYCC Elections <input type="checkbox"/> Anti-bullying week	Catch up lessons - To be completed throughout term 2, so planning will need to be adapted	

	<input type="checkbox"/> Salus Survey		
Term 3 6 07/02/2022	<input type="checkbox"/> UK Parliament Week <input type="checkbox"/> KYCC Elections <input type="checkbox"/> Anti-bullying week <input type="checkbox"/> Salus Survey	Catch up lessons - To be completed throughout term 2, so planning will need to be adapted	