

Keeping Safe - In the Classroom

What will children learn?

To understand why it is important to tuck chairs under the table

To carry a chair safely across the classroom

To carry scissors safely across the classroom

To establish safe bases so adults know where I am

What will learning look like?

- *My Learning Zone - my chair - model and have a go at pushing chairs under when leaving their zone*
- *Carry scissors - safe/unsafe scenarios and have a go at safe carrying*
- *Carry chairs - safe/unsafe scenarios and have a go at safe carrying*
- *Safe Zones Maps*

Throughout Term One, PSHE is embedded within the following areas of Learning - Life Skills, Healthy Mind Time, World Around Me, RSE lessons (see following pages)

Elements of PSHE are also evident in our Movement Breaks and Child Initiated sessions as well as being an integral part of our daily routine.

Sharks Class

Well-being

TERM 1

Keeping Safe - Everyday Life

Spotting Dangers

What will children learn?

To recognise dangers/risks

To distinguish between safe/unsafe situations

To understand how to avoid dangers

E Safety (covered in ICT lessons)

What will learning look like?

- *Safe/Unsafe scenario sorting cards*

People Who Help Me

What will children learn?

To identify jobs people do at school and how they can help

To identify jobs other people do and how they can help

What will learning look like?

- *Walk around school to see people doing their jobs*
- *Who can help us? PowerPoint*

NEXT STEPS

Emergencies

To recognise who the emergency services are

To begin to understand the different roles of the emergency services

To understand how to seek help from the emergency services/others in an emergency

Child initiated Play

Self-Regulation

To show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly

Managing Self

To be confident to try new activities and begin to show independence

Building Relationships

To work and play cooperatively and begin to take turns with others

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Well-being

TERM 1

Healthy Mind Time

Zones of Regulation

What will children learn?

To develop a basic emotional literacy - recognise and name common emotions

To show an awareness of their own feelings

To begin to recognise how other people may be feelings (facial expressions/Makaton)

To understand that there places to go where one can feel safe/comfortable to take some time

What will learning look like?

- *Colour Monster Goes to School story. Discuss colours/feelings. New entrants - How do you feel about starting your new school?*
- *Signing puppets - How are James and Lottie feeling today? Makaton feelings signs*
- *Introduce Feelings Journal*
- *Introduce safe zones - places to go in class*
- *Safe Zones Maps*
- *Everybody's Feelings Can Change song*
- *Introduce zones bowls/flip cards/counter charts*

Meditation (calm breathing)

What will children learn?

To understand that breathing deeply and slowly can help us feel calm

What will learning look like?

- *Kids Meditation - Five Finger Breathing*
- *Introduce Star Breathing card*
- *Belly Breathing*
- *Rainbow Breathing*

Sensory Diet

What will children learn?

To understand that sensory toys can help me to feel calm

What will learning look like?

- *Introduce sensory toys*
- *Introduce Sensory Room (rules/appropriate use)*

Movement Breaks

What will children learn?

To increase alertness

To empower body, heart and mind

To help readiness to learn - attention and focus

What will learning look like?

Introduce Shake Break Song

World Around Me

Recycle Week W/B 20th September

What will children learn?

To understand why it is important to look after our school environment/recycle

What will learning look like?

- *The Mess That We Made* story
- *The Messy Magpie* story
- *A Whale's Tale* story
- *Peppa Pig Recycling Fun*
- Litter picking around school
- *Pick Up Litter Display Posters*

World Smile Day 1st October

What will children learn?

Focus: The idea of the day is to do a simple act of kindness for someone to make them smile. If we all make the effort to do one thing to make each other smile, we'll all be grinning in no time

What will learning look like?

- *Introduce World Smile Day - Music World Smile Day song*
- *World Smile Day Certificates - introduce and award throughout day*
- *World Smile Day Greetings Cards*

Life Skills

Meeting and Greeting

What will children learn?

To begin to understand different ways of greeting people

To gain confidence at greeting a peer with simple phrases

What will learning look like?

- *Meet and Greet poster on classroom door - introduce it as a socially acceptable way of entering the classroom*
- *Namaste song, introduce hand sign*
- *YouTube Nice to Meet You, Greetings Expression in English for ESL Kids*

Personal Organisation

What will children learn?

To understand why it is important to look after personal belongings

To respect those of other people

What will learning look like?

- *Trays and pouches - visual checklist for stationery pouches - can they check they have all the listed equipment?*
- *Touching My Own Belongings Social Scenario PowerPoint*

Covid and general health and hygiene awareness

What will children learn?

To understand how germs spread

To know when it is important to wash hands

To know when and how to use a tissue correctly

What will learning look like?

- *Expectations for washing hands, using hand gel*
- *NHS hand washing song*
- *Introduce Catch it Bin it Kill it*

Sharks Class

Well-being

TERM 1