Subject: PSHE/RSE	Keeping Safe	Rewhill
Class: E1ephants	Teacher: Sukhi Lall	Term: Autumn term 1
Key Vocabulary: Keeping safe, hazards, online media safety, information, rules, restrictions, regulations, Home hazards, environment hazards, accident, first aid,	Alternative Learning Environments	Resources: Oak National academy online resources

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 Pupil Asset Milestones to be achieved:

 Subject: RSE PSHE- Keeping Safe

 Stage 1

 Health and Safety, Rights and Responsibilities

To know that they have a responsibility for themselves and others within any working environment
Relationships and Sex Education
Can recognise the feelings of themselves and others and can explain in simple terms how others may feel
Can recognise different behaviours that can be helpful/unhelpful, kind/unkind and give examples how behaviour affects others.
Identify what experiences makes them feel pleased or cross and identify positive or negative sensations inside and outside of the body
Can identify their special people (family, friends, and carers) and what makes them self special
Health and Safety, Rights and Responsibilities
To know that they have a responsibility for themselves and others within any working environment
К9
UK/Communities/Making a positive contribution
Identify groups they belong to
Rights/Responsibilities
To recognise the difference between a need and a want
Identify at least one right you have in your school
UK/Communities/Making a positive contribution
Identify groups they belong to
Rights/Responsibilities
To recognise the difference between a need and a want

Week	Session 1	
1 06/09/21	Lesson Objective H37. reasons for following and complying with regulations and restrictions (including age restrictions); how they promote personal safety and wellbeing with reference to social media, television programmes, films, games and online gaming I can follow rules to help me safe in school and out of school I understand that rules are important part of life	Activities Online safety rules that the class have knowledge of already. Recap the key points of keeping safe online Where else do we need rules? Why? Identify who implements the rules? Why?

	I know how to keep safe online when using my phone or social media	Oak National Academy -resources-video, quiz
2 13/09/21	 Lesson Objective H42. about the importance of keeping personal information private; strategies for keeping safe online, including how to manage requests for personal information or images of themselves and others; what to do if frightened or worried by something seen or read online and how to report concerns, inappropriate content and contact H34. basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them I know the importance of keeping personal information private when using online media I know that I can tell an adult if something is not right 	Activities Recap from previous lesson Explore some examples of safety rules - identify who implements safety rules and why - understand why it is importance to following safety rules - make a list of some examples of who would use safety rules - take a scenario and create a set of safety rules Oak National Academy -resources-video, quiz
3 20/09/21	Lesson Objective H28. about rules and age restrictions that keep us safe H29. to recognise risk in simple everyday situations and what action to take to minimise harm H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters) H31. that household products (including medicines) can be harmful if not used correctly	Activities Recap on line safety rules and keeping personal information private understand what constitutes as a hazard - practise spotting hazards and how to overcome them - identify common hazards in the home -complete a risk assessment of a particular room of choice. Watch the video on Oak National Academy

		I know how to keep safe at home	Follow the programme activities
			Take the quiz
		Lesson Objective	Activities
		H32. ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park,	Recap on previous learning about keeping safe and following rules to keep safe.
	_	swimming pool, on the street) and how to cross the road safely	Ask pupils if someone has been hurt, what should we do? How can we help them?
	/2;	H33. about the people whose job it is to help keep us	Make a list of things to do when helping someone who is hurt,
4	60	safe	Do children who to call if there is an accident?
	27/09/21	H35. <mark>about what to do if there is an accident and</mark> someone is hurt	Watch the video on Oak National Academy
		H36. how to get help in an emergency (how to dial 999	Follow the programme activities
		and what to say)	
			Take the quiz
		I know who to call when	
		Lesson Objective	Activities
		about hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do to	List all the hazards at home. Share pictures showing hazards in the kitchen, living room and bathroom.
		reduce risks and keep safe H40. about the importance of	
		taking medicines correctly and using household	Children identify how many hazards and what risk they highlight.
	11	products safely, (e.g. following instructions carefully)	
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	04/10/21		Watch the video on Oak National Academy
	0		Follow the programme activities
			Take the quiz
9	1	Lesson Objective	Activities

H41. strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about	Recap from previous lesson Ask children how to stay safe when using public transport.
H43. about what is meant by first aid; basic techniques for dealing with common injuries ²	understand everyday hazards we may take for granted such as crossing a road - explore some road safety signs/markings - identify the risks linked to road traffic - produce a poster/information leaflet on road safety.
I can learn some basic first aid techniques for dealing with common injuries.	Watch the video on Oak National Academy
	Follow the programme activities
	Take the quiz