


Subject: PSHE/RSE	Keeping Safe		
Class: E1ephants	Teacher: Sukhi Lall	Term: Autumn term 1	
Key Vocabulary: Keeping safe, hazards, online media safety, information, rules, restrictions, regulations, Home hazards, environment hazards, accident, first aid,	Alternative Learning Environments	Resources: Oak National academy online resources	

Unit Aim:
Prior Learning:
Future Learning:
Unit Expectations: All: Some: A Few:
Links with other subjects: ICT: online safety. Literacy:

Pupil Asset Milestones to be achieved:
Subject: RSE PSHE- Keeping Safe
Stage 1
Health and Safety, Rights and Responsibilities

To know that they have a responsibility for themselves and others within any working environment
Relationships and Sex Education
Can recognise the feelings of themselves and others and can explain in simple terms how others may feel
Can recognise different behaviours that can be helpful/unhelpful, kind/unkind and give examples how behaviour affects others.
Identify what experiences makes them feel pleased or cross and identify positive or negative sensations inside and outside of the body
Can identify their special people (family, friends, and carers) and what makes them self special
Health and Safety, Rights and Responsibilities
To know that they have a responsibility for themselves and others within any working environment
K9
UK/Communities/Making a positive contribution
Identify groups they belong to
Rights/Responsibilities
To recognise the difference between a need and a want
Identify at least one right you have in your school
UK/Communities/Making a positive contribution
Identify groups they belong to
Rights/Responsibilities
To recognise the difference between a need and a want

Week	Session 1	
1 06/09/21	<p>Lesson Objective</p> <p>H37. reasons for following and complying with regulations and restrictions (including age restrictions); how they promote personal safety and wellbeing with reference to social media, television programmes, films, games and online gaming</p> <p>I can follow rules to help me safe in school and out of school</p> <p>I understand that rules are important part of life</p>	<p>Activities</p> <p>Online safety rules that the class have knowledge of already.</p> <p>Recap the key points of keeping safe online</p> <p>Where else do we need rules? Why?</p> <p>Identify who implements the rules? Why?</p>

	I know how to keep safe online when using my phone or social media	Oak National Academy -resources-video, quiz
2 13/09/21	<p>Lesson Objective</p> <p>H42. about the importance of keeping personal information private; strategies for keeping safe online, including how to manage requests for personal information or images of themselves and others; what to do if frightened or worried by something seen or read online and how to report concerns, inappropriate content and contact</p> <p>H34. basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them</p> <p>I know the importance of keeping personal information private when using online media</p> <p>I know that I can tell an adult if something is not right</p>	<p>Activities</p> <p>Recap from previous lesson</p> <p>Explore some examples of safety rules - identify who implements safety rules and why - understand why it is importance to following safety rules - make a list of some examples of who would use safety rules - take a scenario and create a set of safety rules</p> <p>Oak National Academy -resources-video, quiz</p>
3 20/09/21	<p>Lesson Objective</p> <p>H28. about rules and age restrictions that keep us safe</p> <p>H29. to recognise risk in simple everyday situations and what action to take to minimise harm</p> <p>H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters)</p> <p>H31. that household products (including medicines) can be harmful if not used correctly</p>	<p>Activities</p> <p>Recap on line safety rules and keeping personal information private</p> <p>understand what constitutes as a hazard - practise spotting hazards and how to overcome them - identify common hazards in the home -complete a risk assessment of a particular room of choice.</p> <p>Watch the video on Oak National Academy</p>

	I know how to keep safe at home	<p>Follow the programme activities</p> <p>Take the quiz</p>
4 27/09/21	<p>Lesson Objective</p> <p>H32. ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely</p> <p>H33. about the people whose job it is to help keep us safe</p> <p>H35. about what to do if there is an accident and someone is hurt</p> <p>H36. how to get help in an emergency (how to dial 999 and what to say)</p> <p>I know who to call when</p>	<p>Activities</p> <p>Recap on previous learning about keeping safe and following rules to keep safe.</p> <p>Ask pupils if someone has been hurt, what should we do? How can we help them?</p> <p>Make a list of things to do when helping someone who is hurt, Do children who to call if there is an accident?</p> <p>Watch the video on Oak National Academy</p> <p>Follow the programme activities</p> <p>Take the quiz</p>
5 04/10/21	<p>Lesson Objective</p> <p>about hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do to reduce risks and keep safe H40. about the importance of taking medicines correctly and using household products safely, (e.g. following instructions carefully)</p>	<p>Activities</p> <p>List all the hazards at home. Share pictures showing hazards in the kitchen, living room and bathroom.</p> <p>Children identify how many hazards and what risk they highlight.</p> <p>Watch the video on Oak National Academy</p> <p>Follow the programme activities</p> <p>Take the quiz</p>
6 1	Lesson Objective	Activities

	<p>H41. strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about</p> <p>H43. about what is meant by first aid; basic techniques for dealing with common injuries²</p> <p>I can learn some basic first aid techniques for dealing with common injuries.</p>	<p>Recap from previous lesson</p> <p>Ask children how to stay safe when using public transport.</p> <p>understand everyday hazards we may take for granted such as crossing a road - explore some road safety signs/markings - identify the risks linked to road traffic - produce a poster/information leaflet on road safety.</p> <p>Watch the video on Oak National Academy</p> <p>Follow the programme activities</p> <p>Take the quiz</p>
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